

# Decision-Making Support Options in North Carolina

## Supported Decision-Making

- Person makes their own decisions
- Person and team determine and document needed supports
- Person receives support from team when needed
- Can be completed formally or informally

## Advance Directive

- Person makes their own decisions
- Form documents medical/mental health wishes for others to make for them if incapacitated
- Legal document – can be completed with an attorney but not required

## Representative Payee

- Person makes their own decisions
- Person receives support to manage state and federal benefits (i.e. SSI, SSDI, etc.)
- Formal process of Representative Payee appointment completed by Social Security Administration

## Power of Attorney

- Person participates in as many decisions as possible
- Another person makes decisions defined in specific circumstances as documented
- Legal document – typically prepared with assistance from an attorney

## Guardianship

- Person's ability to make decisions may be limited
- Legal appointment of substitute decision-maker through court process
- Court ordered relationship to make personal decisions, financial decisions, or both
  - Anyone may file a motion to the court for a hearing to restore rights

# Additional Resources to Learn More About...

## Supported Decision-Making

- **Autism Society of NC**
- **First in Families NC**
- **National Resource Center for Supported Decision-Making**

## Advance Directive

- **Medical Care Decisions and Advance Directives: What You Should Know**
- **Secretary of State Forms**

## Representative Payee

- **Find your local Social Security Office**

## Power of Attorney

- **Secretary of State Forms**
- **Power of Attorney Form Examples/Options**

## Guardianship and Alternatives

- Types of Guardianship include Guardian of the Person, Guardian of the Estate, and General Guardian
  - NC Courts-**About Guardianship in NC**
    - **Find your local Court**
- **The Arc of North Carolina-Guardianship**
- **Disability Rights NC-Self-Determination and Guardianship**
  - **Rights Restoration**
- **Rethinking Guardianship**